



Pease International Tradeport, NH

Prepare for Your Pease Study Appointment

875 Greenland Road, Suite C-9 , Portsmouth, NH 03801



CDC/ATSDR's tips to prepare for tests

Before Your Test



8
HOURS

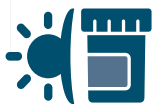
Fast (don't eat) **eight hours** before your appointment

Important

Take your usual medication, unless your doctor says otherwise



What to Bring



First morning urine sample



Medical and work history from 1993 to present



Prescription medications and vitamin/mineral supplements



Results from previous PFAS blood testing programs (if applicable)

What to Expect



Welcome and sign-in



Blood pressure check



Urine sample drop off



Blood sample collection



Height and weight measurements



Questionnaire completion, including medical and work history



1 1/2 HOUR

NO drug or genetic testing included



National Center for Environmental Health Agency for Toxic Substances and Disease Registry

We're Here to Answer Your Questions

Visit our Website: atsdr.cdc.gov/pfas

Call us: **1-800-CDC-INFO (232-4636)**

Email: PeaseStudy@CDC.gov



Reminder: As a token of our appreciation for your participation, you'll receive up to \$75 in gift cards for completing the entire study.

Is Your Child Participating?

What to Bring for Each Child



First morning urine sample



Prescription medications and vitamin/mineral supplements



Medical history, birth mother's work history and drinking water habits from 1993 to present, and any work history for the child



Results from previous PFAS blood testing programs (if applicable)

Important

Be sure your child takes his or her usual medication, unless your doctor says otherwise



What to Expect

The process for children will be the same as adults with two exceptions:

1

A parent or guardian must accompany the child, preferably the birth mother who can answer questions about her pregnancy



2

Children age 5 years and over will also have a second appointment to complete several behavioral tests like:

- Playing memory games
- Sorting items into categories
- Solving puzzles
- Reacting to photographs



1 ½ to 2 HOURS

While Waiting...

Once you arrive for the appointment, the wait shouldn't be long. We'll have crayons and coloring books for younger children. Feel free to bring electronic devices, games or books from home.



**National Center
for Environmental Health
Agency for Toxic Substances
and Disease Registry**